

ACADEMIC CHOICE SOCIAL LIVING CURRICULUM

Social Living:

A curriculum designed to meet state requirements regarding health-related topics. The teachers of Academic Choice are committed to providing a rigorous academic curriculum while addressing our students' needs with regards to the social living topics.

The following state mandated expectations are addressed:

1. Personal health and well being
 - a. Food choices
 - b. Physical activity
 - c. Mental and emotional health
2. Disease prevention and treatment
3. Avoiding risky situations
4. Promoting health within the family
5. Promoting positive health practices within school and community
6. Understanding life changes
7. Understanding differences in growth and development
8. Understanding sexuality; sexual health and safety, respect for others
9. Information, products and services that may be helpful or harmful

Features of the program:

- Designed by a group of health professionals and educators to specifically address the needs of Academic Choice students.
- Integrated when possible into the 9th and 10th grade English and History courses throughout the school year, with an intensive session in January of each year.
- Each teacher receives a curriculum binder outlining each of the expectations and resources available for each expectation, training on the topics, and ongoing support throughout the school year.
- Resource library of textbooks and instructional videos

Core teacher pairs choose how to best implement the curriculum for their specific students.

Activities include:

- Journal writing
- Socratic discussions
- Debates
- Instructional videos
- Guest speakers
- *Secrets*, Kaiser Permanente's award-winning play about HIV/AIDS